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THIS IS SAN FRANCISCO

- Featured-Monday Event
The Toxicology of Everyday Products
Liz Phair at the Fillmore
Bastille Day at Pink SF
Summer at XYZ in the W Hotel San Francisco
Sam Gosling Discusses Snoop: What Your Stuff Says About You
Slow Food Nation 2008
A Solution to the Omnivore's Dilemma: The Perspective of a Nutrition Scientist
Absinthe Mixology Contest
Dine About Town
SEE ALL

Calendar
7 Things to Know

THE 7X7 POLL
How Do You Like to Celebrate Pride?

- Go to the Festival in the Castro
Go out to dinner or have dinner parties
Get Married!
Go Dancing
I don't plan to celebrate

Events

Bay Area Yoga Week at Equinox

301 Pine St.
415-593-4000 Map it
equinoxfitness.com

Event date: Monday, June 23-Wednesday, June 25
Event location: Bay Area Equinox locations

Meet local yoga mat and clothing designers Anne Appleby and Jamie Hanna during Equinox's Bay Area Yoga Week. Appleby, founder of YogaForce, designs alignment-enhancing mats and Hanna, founder of Zobha, designs yoga-conducive clothing. Equinox believes that yoga should extend beyond practice into a lifestyle. By hosting a yoga week and offering the latest in yoga-specific performance products, the fitness center believes they can promote this type of lifestyle both inside and outside the studio.

June 23rd at Equinox Pine Street, 301 Pine St., San Francisco, 415-593-4000
10 a.m. - 1:30 p.m. and 5 p.m. - 8:30 p.m.

June 24th at Equinox Palo Alto, 440 Portage Ave., 650-319-1700
10 a.m. - 1:30 p.m. and 5 p.m. - 8:30 p.m.

June 25th at Equinox San Mateo, 4 East Fourth Ave., 650-403-7000
10 a.m. - 1:30 p.m. and 5 p.m. - 8:30 p.m.



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